SAMPLE AFTERNOON TEA MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Today's menu:	Today's menu:	Today's menu:	Today's menu:	Today's menu:
Cheese, crackers, meats, hummus and vegetable sticks	Pasta with Napolitana Sauce and fresh basil from our garden.	Sushi bowls with tofu, tuna. and avocado.	Wraps with an assortment of fillings	Butter Chicken (vegetarian option available)

Included in each afternoon tea is a large platter of fresh seasonal fruits and vegetables which the children have access to throughout the afternoon.

Our menu is designed to meet the healthy food dietary guidelines and can be adapted to cater for all dietary requirements.